



***Belmont***



***Police Department***

**Chief Richard McLaughlin Presents**

***“Drug Awareness for  
Parents”***

# Welcome!

- Introduction
- Drug Identification
- Patterns of abuse
- Help and suggestions
- Questions and answers

Let's ask a question...

- What keeps you up at night regarding drugs and your children?

## Drug Identification

# Diverted Prescription Drugs

# Oxycodone

- (OxyContin, Percocet, Percodan)
- High risk of abuse
- Abusers often dissolve or scrape away time release coating (Oxycontin)
- Abusers subject to extreme withdrawal symptoms

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# Klonopin

- Used legally to treat panic disorder, is a depressant and is commonly abused, as with Vicodin.
- Abusers will commonly “doctor shop” to obtain the drugs legally, and then sell to other abusers.

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# Vicodin

- Hydrocodone
- Analgesic (pain reliever)
- Commonly abused, abusers will also “doctor shop” for prescriptions
- Withdrawal symptoms can also be extreme

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# Ritalin

- (Ritalin® , Methylin® , Concerta®) is to treat attention deficit hyperactivity disorder (ADHD) in children. The increased use of this substance for the treatment of ADHD has paralleled an increase in its abuse among adolescents and young adults who crush these tablets and snort the powder to get high. Youngsters have little difficulty obtaining methylphenidate from classmates or friends who have been prescribed it. Greater efforts are needed to safeguard this medication at home and school.

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# Rohypnol

- Rohypnol (flunitrazepam), most commonly known as a date-rape drug, continues to be abused among teenagers and young adults, usually at raves and nightclubs. The drug remains readily available, mainly through pharmaceutical operators located in Mexico, especially Tijuana.

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# Selected Prescription Drugs With Potential for Abuse

Visit NIDA at [www.drugabuse.gov](http://www.drugabuse.gov)

Substances: Category and Name	Examples of Commercial and Street Names	DEA Schedule*/ How Administered**	Intoxication Effects/Potential Health Consequences
<b>Depressants</b>			
barbiturates	<i>Amytal</i> ; <i>Nembutal</i> , <i>Seconal</i> , <i>Phenobarbital</i> ; barbs, reds, red birds, phennies, tooles, yellows, yellow jackets	II, III, V/injected, swallowed	<i>reduced pain and anxiety; feeling of well-being; lowered inhibitions; slowed pulse and breathing; lowered blood pressure; poor concentration/confusion, fatigue; impaired coordination, memory, judgment; respiratory depression and arrest, addiction</i>
benzodiazepines (other than flunitrazepam)	<i>Alivan</i> , <i>Halidon</i> , <i>Librium</i> , <i>Valium</i> , <i>Xanax</i> ; candy, downers, sleeping pills, tranks	IV/swallowed	<i>Also, for barbiturates—sedation, drowsiness/depression, unusual excitement, fever, irritability, poor judgment, slurred speech, dizziness</i>
flunitrazepam****	<i>Rohypnol</i> ; forget-me pill, Mexican Valium, R2, Roche, roofies, roofinol, rope, rophies	IV/swallowed, snorted	<i>for benzodiazepines—sedation, drowsiness/dizziness</i> <i>for flunitrazepam—visual and gastrointestinal disturbances, urinary retention, memory loss for the time under the drug's effects</i>
<b>Dissociative Anesthetics</b>			
ketamine	<i>Ketalar</i> <i>St</i> ; cat Valium, K, Special K, vitamin K	III/injected, snorted, smoked	<i>increased heart rate and blood pressure, impaired motor function/memory loss; numbness; nausea/vomiting</i> <i>Also, for ketamine—at high doses, delirium, depression, respiratory depression and arrest</i>
<b>Opioids and Morphine Derivatives</b>			
codeine	<i>Empirin with Codeine</i> , <i>Fiorinal with Codeine</i> , <i>Robitussin A-C</i> , <i>Tylenol with Codeine</i> ; Captain Cody, Cody, schoolboy; (with glutethimide) doors & fours, loads, pancakes and syrup	II, III, IV/injected, swallowed	<i>pain relief, euphoria, drowsiness/respiratory depression and arrest, nausea, confusion, constipation, sedation, unconsciousness, coma, tolerance, addiction</i>
pentanyl	<i>Actiq</i> , <i>Duragesic</i> , <i>Sublimaze</i> ; Apache, China girl, China white, dance fever, friend, goodfella, jackpot, murder 8, TNT, Tango and Cash	II/injected, smoked, snorted	<i>Also, for codeine—less analgesia, sedation, and respiratory depression than morphine</i>
morphine	<i>Roxanol</i> , <i>Duramorph</i> ; M, Miss Emma, monkey, white stuff	II, III/injected, swallowed, smoked	
opium	laudanum, paregoric; big O, black stuff, block, gum, hcp	II, III, V/swallowed, smoked	
other opioid pain relievers (oxycodone, meperidine, hydromorphone, hydrocodone, propoxyphene)	<i>Lyrix</i> , <i>OxyContin</i> , <i>Percodan</i> , <i>Percocet</i> ; oxy 80s, oxycotton, oxycet, hillbilly heroin, percs <i>Demerol</i> , <i>meperidine hydrochloride</i> ; demmies, pain killer <i>Dilaudid</i> ; juke, dillies <i>Wacoin</i> , <i>Lortab</i> , <i>Lorcet</i> ; <i>Darvon</i> , <i>Darvocet</i>	II, III, IV/swallowed, injected, suppositories, chewed, crushed, snorted	
<b>Stimulants</b>			
amphetamines	<i>Biphetamine</i> , <i>Dexedrine</i> ; bennies, black beauties, crosses, hearts, LA tamaround, speed, truck drivers, uppers	IV/injected, swallowed, smoked, snorted	<i>increased heart rate, blood pressure, metabolism; feelings of exhilaration, energy, increased mental alertness/rapid or irregular heart beat; reduced appetite, weight loss, heart failure</i>
cocaine	<i>Cocaine hydrochloride</i> ; blow, bump, C, candy, Charlie, coke, crack, flake, rock, snow, too	IV/injected, smoked, snorted	<i>Also, for amphetamines—rapid breathing; hallucinations/tremor, loss of coordination, irritability, anxiety, restlessness, delirium, panic, paranoia, impulsive behavior, aggressiveness, tolerance, addiction</i>
methamphetamine	<i>Desoxy</i> ; chalk, crank, crystal, fire, glass, go fast, ice, meth, speed	II/injected, swallowed, smoked, snorted	<i>for cocaine—increased temperature/chest pain, respiratory failure, nausea, abdominal pain, strokes, seizures, headaches, malnutrition</i>
methylphenidate	<i>Ritalin</i> ; JIF, MPH, R-ball, Skippy, the smart drug, vitamin R	IV/injected, swallowed, snorted	<i>for methamphetamine—aggression, violence, psychotic behavior/memory loss, cardiac and neurological damage; impaired memory and learning, tolerance, addiction</i> <i>for methylphenidate—increase or decrease in blood pressure, psychotic episodes/digestive problems, loss of appetite, weight loss</i>
<b>Other Compounds</b>			
anabolic steroids	<i>Anadrol</i> , <i>Oxandrin</i> , <i>Durebolin</i> , <i>Depo-Testosterone</i> , <i>Equipoise</i> ; roids, juke	III/injected, swallowed, applied to skin	<i>no intoxication effects/hypertension, blood clotting and cholesterol changes, liver cysts and cancer, kidney cancer, hostility and aggression, acne, adolescents, premature stoppage of growth; in males, prostate cancer, reduced sperm production, shrunken testicles, breast enlargement; in females, menstrual irregularities, development of beard and other masculine characteristics</i>

\*Schedule I and II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use; Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III and IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally. Most Schedule V drugs are available over the counter.

\*\*Taking drugs by injection can increase the risk of infection through needle contamination with staphylococci, HIV, hepatitis, and other organisms.

\*\*\*Associated with sexual assaults.

\*\*\*\*Not available by prescription in U.S.

# Illegal Substances

# Marijuana

- Green, leafy vegetable matter
- Active ingredient is THC
- Can be smoked or eaten
- Usually manufactured in large amounts from Mexico and California
- \$2000.00 lb and up, depending on grade

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# Cocaine

- White, flaky powder, somewhat resembles snow.
- Can be snorted, smoked, or injected
- Extremely addictive, especially in smoked form, "crack"
- Quick euphoric high, even quicker with "crack" use and intravenous use.

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COCAINE

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# Heroin

- An addictive drug that is processed from morphine and usually appears as a white or brown powder.
- Effects include a surge of euphoria followed by alternately wakeful and drowsy states and cloudy mental functioning. Associated with fatal overdose and- particularly in users who inject the drug-infectious diseases such as HIV/AIDS and hepatitis.

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# Ecstasy

- A human-made drug that acts as both a stimulant and a hallucinogen. It is taken orally as a capsule or tablet.
- Short-term effects include feelings of mental stimulation, emotional warmth, enhanced sensory perception, and increased physical energy. Adverse health effects can include nausea, chills, sweating, teeth clenching, muscle cramping, and blurred vision.

# Drug Identification



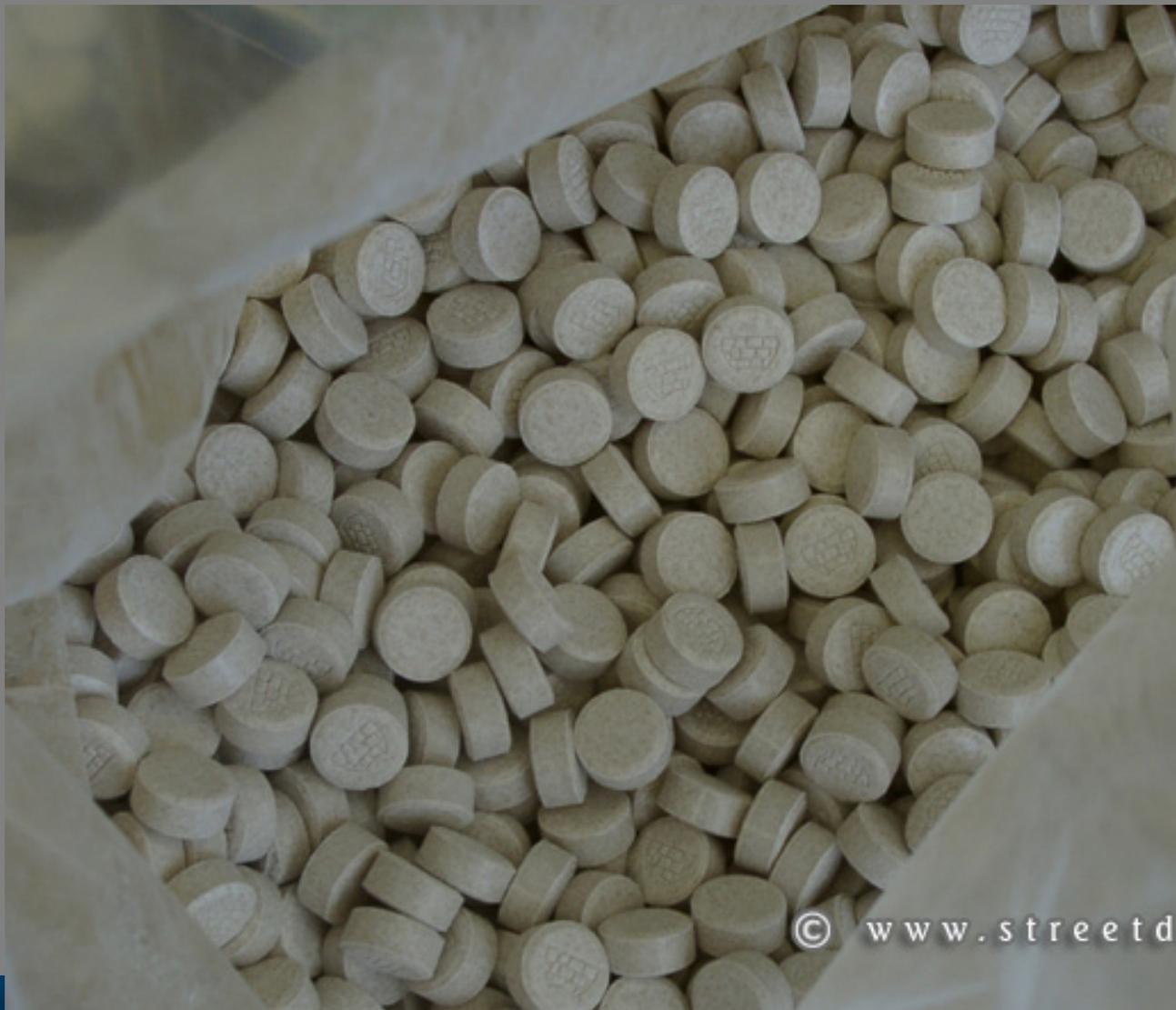
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# Methamphetamine

- Methamphetamine is made in illegal laboratories and has a high potential for abuse and addiction.
- Can be smoked or injected
- Extremely addictive, causing major physical and psychological problems, paranoia, weight loss, teeth loss etc.

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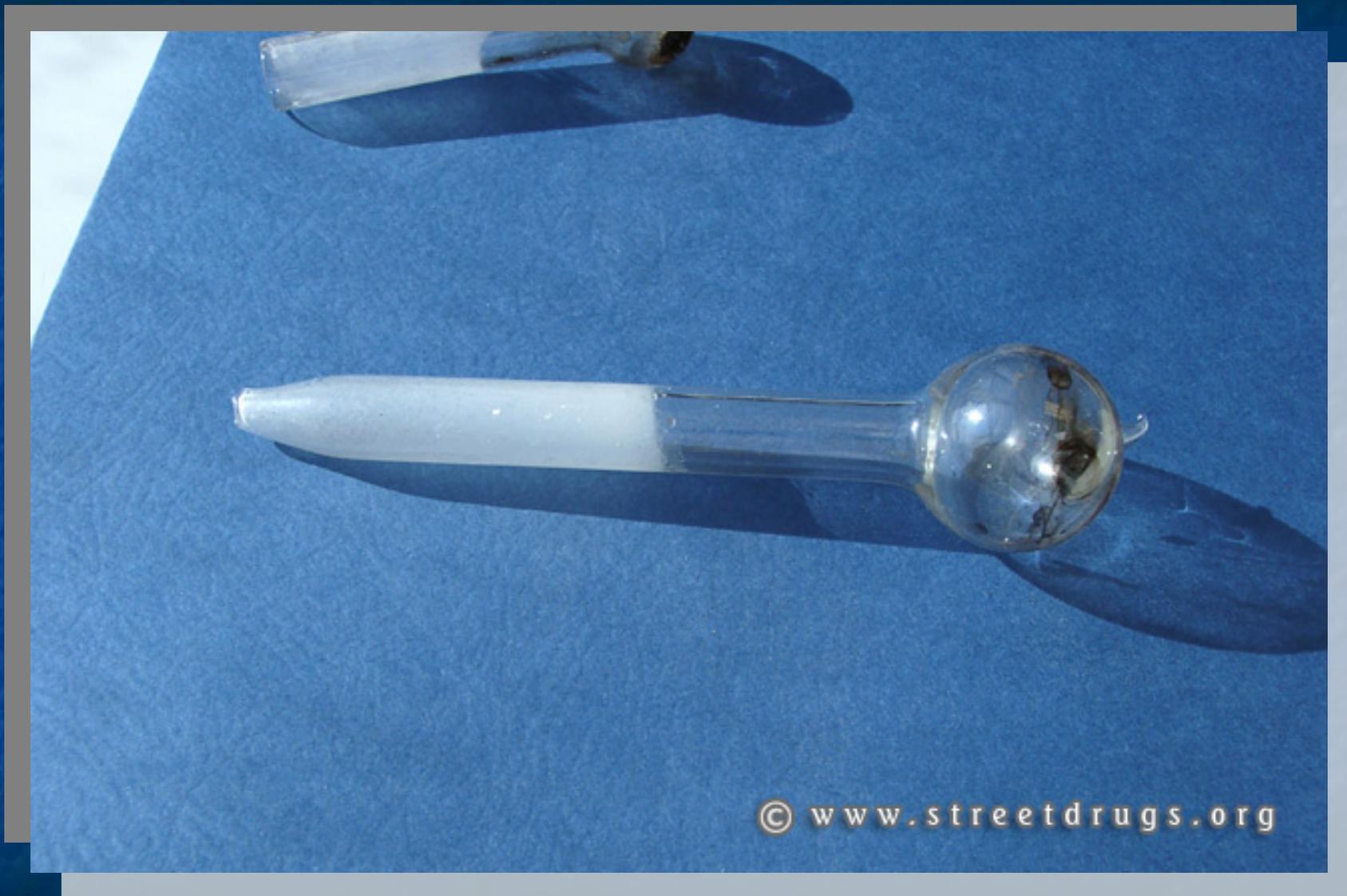
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# Inhalants

- Breathable chemical vapors that users intentionally inhale because of the chemicals' mind-altering effects. The substances inhaled are often common household products that contain volatile solvents or aerosols.
- Produce a high that resembles alcohol intoxication

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# Ketamine

- Ketamine is an anesthetic that has been approved for both human and animal use in medical settings since 1970; about 90 percent of the ketamine legally sold is intended for veterinary use. It can be injected or snorted. Ketamine is also known as "special K" or "vitamin K."

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# GHB

- Gamma hydroxybutyrate (GHB) is an illicit chemical that has become a major cause of drug-related comas in the US and other countries. In fact, the number of GHB overdoses in the United States has now out-paced overdoses from MDMA (Ecstasy).

- \*Attendees at dance clubs or “rave” parties are perhaps the most prominent users of GHB to alter mood.
- \*Sexual predators of all ages are attracted by the disinhibiting and euphoric effects of GHB, for they know a user may be easily taken advantage of in an assault.

# Drug Identification



# Patterns of Abuse

- Changes in friends
- Negative changes in schoolwork, missing school, or declining grades
- Increased secrecy about possessions or activities
- Use of incense, room deodorant, or perfume to hide smoke or chemical odors
- Subtle changes in conversations with friends, e.g. more secretive, using "coded" language
- Change in clothing choices: new fascination with clothes that highlight drug abuse

- Increase in borrowing money
- Evidence of drug abuse paraphernalia such as pipes, rolling papers, etc.
- Evidence of use of inhalant products (such as hairspray, nail polish, correction fluid, common household products)
- Bottles of eye drops, which may be used to mask bloodshot eyes or dilated pupils
- New use of mouthwash or breath mints to cover up the smell of alcohol
- Missing prescription drugs - especially narcotics and mood stabilizers

- You can also look for signs of depression, withdrawal, hostility, or carelessness with grooming. Some of these signs also indicate there may be a deeper problem with depression, gang involvement, or suicidal thoughts. Be on the watch for these signs so that you can spot trouble before it goes further.

# Resources

- Emerson Hospital-Concord
- McLean's Hospital-Belmont
- Mt. Auburn Hospital-Cambridge
- St. Elizabeth's Hospital-Brighton
- Contact your local guidance counselor

# Belmont P.D. Contacts

- Detective/LT Brendan O'Leary
- Detective Brendan Young



# Web Sources

- [www.theantidrug.com](http://www.theantidrug.com)
- [www.drugabuse.gov](http://www.drugabuse.gov)
- [www.club-drugs.com](http://www.club-drugs.com)
- [www.clubdrugs.org](http://www.clubdrugs.org)
- [www.steroidabuse.org](http://www.steroidabuse.org)
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